

LEAH CLAPPER

student-athlete and content creator



ABOUT ME

Hello! I'm a gymnast at University of Florida, podcast host, and food blogger, who is passionate about athletics, staying spunky, and empowering others.

I enjoy creating content that inspires people to live happier and healthier lives.

INFLUENCER | BLOGGER | PODCASTER



5.7K

@LEAHCLAPPER5

170% IG growth in the past year
65% women
18-24 - largest age group



18.8K

@LEAHCLAPPER

followers on TikTok and counting
80% women



MORE PLATFORMS

ZEST & FINESSE

FOODIE COMMUNITY

the goal: inspire people to fuel up
with delicious and nutritious food

vegetarian recipes + healthy twists
on classic baked goods

zestandfinesse.com

@zestandfinesse on Instagram



ZEST & PROGRESS

PODCAST

the goal: uncover athlete's stories
of resilience, energy, and self-
confidence

centered around gymnastics -
many listeners are gymnasts, fans
of the sport, or other athletes

[on all major podcast platforms](#)



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LET'S WORK
TOGETHER!
